

# G O D at H O M E



## 3) How do we do it?

### A. *Choose a Day of the Week*



- Convenient to all participants;
- Gather at a comfortable place at home (living or dining room).

### B. *Be Consistent and Punctual*



- Avoid canceling or delaying these meetings unless absolutely necessary (travel, i.e.)
- Highly Evolved Spirits have other commitments to attend. Thus, if we want their presence and guidance, we need to be punctual and consistent.

### C. *Open it with a Heartfelt Prayer*



**Attune with God by:**

- praising for the blessings of life;
- asking for protection and guidance;
- giving thanks for the opportunity of getting together.

### D. *Read an Inspirational Message*



From books such as:

- The Spirits' Book
- The Gospel According to Spiritism
- Or any other enlightened book

Encourage participants to comment and discuss on the read messages.

### E. *Duration of the Meeting*



- 30 minutes to 1 hour
- If you have children at home keep the meeting shorter, but do include them.

### F. *Closing Prayer*



- Finish the meeting with another heartfelt prayer asking God for protection for your home, friends, relatives, neighbors and all the ones who suffer.

•You may also ask for world peace.

### G. *Spiritually Magnetized Water*



Before the meeting starts provide a glass or jar of water to be magnetized by the Spirit Benefactors during the meeting, who will kindly pour in the spiritual remedies that each family member needs to lead a balanced life.

## Additional Tips

- Prior to the opening prayer hold a silent period for a couple of minutes so everyone can tune in with the harmonious Spirit presences.
- Fifteen minutes before the meeting, you play light classical music to help the ambience.
- Try to keep interruptions to a minimum during the meeting.
- Encourage all members to participate.
- Respect all opinions and points of view. Avoid arguments.
- If someone opens up and shares his/hers personal life do not judge or criticize and keep everything in confidence.
- Avoid and control mediumistic phenomena.
- Invite your guests to join you in this meeting.



## If You Have Children

- Use coloring books with spiritual themes.
- Use techniques (play dough, puzzles) that may help them understand the topic.
- Ask them to write a short prayer or letter to God.

## 1) What is God at Home?

Weekly meeting at home when family members and friends get together to study the Spiritist teachings and pray together.

## 2) What are its purposes?

1. To create at home the healthy habit of getting together family members to practice spirituality;
2. To open the family's vibratory field to loving and kind Enlightened Spirits;
3. To prevent and/or treat individual and familial disturbances;
4. To cleanse our home's vibratory field through the elevation of our thoughts and feelings;
5. To expand spiritual knowledge and consciousness;
6. To strengthen family ties;
7. To elevate the vibrational pattern of the family to help the Spirit Benefactors build a better world;
8. To teach spirituality to children while practicing it at home;
9. To unite humanity through prayer.

*The God-at-Home meeting is equivalent to a lamp shining onto the work of assistance and spiritual enlightenment. - In Disobsession by Andre Luiz, F.C. Xavier and W. Vieira*