



-1861-

# The Mediums' Book

*The first and most complete scientific treatise on mediumship ever published!*

## INTERESTING FACTS:

### Author:

Allan Kardec  
(in collaboration with mediums and many enlightened Spirits)

### First Published:

Jan 15, 1861

### Place First Published:

Paris, France

### BOOK STRUCTURE

36 Chapters

FIRST PART: Preliminary Observations  
4 Chapters

SECOND PART: Spirit-Manifestations  
32 chapters

### DID YOU KNOW?

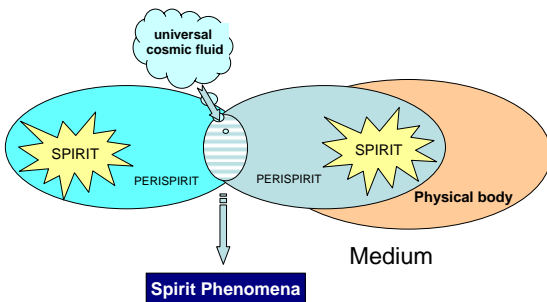
The term "medium", as we use it nowadays, was first used for this purpose by Kardec.

## WE ARE ALL MEDIUMS!

"All men are mediums; all have a spirit-guide who, if they listen to him, directs them in the right way."

- by Channing (Spirit), item 10

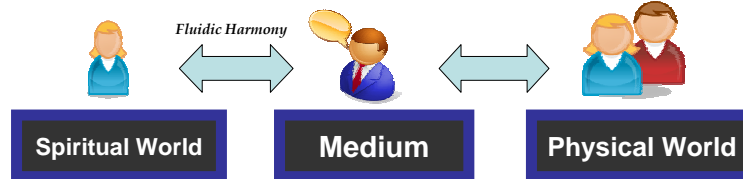
## Mechanisms of Mediumship



"The spirit has, as his instrument, his perispirit, just as a man has his body. This perispirit is semi-matter. The spirit has, as his intermediary agent, the universal fluid; a sort of vehicle on which he acts, as we act upon the air, in order to produce certain effects."

- Item 58

**Mediumship: A natural ability anyone may possess to communicate with the Spiritual World.**



## TYPES OF MEDIUMSHIP:

of physical effects

- Materialization
- Healing
- Pneumatography
- Musical
- Transport of objects
- ...etc.



- Chapter 25

of intellectual effects

- Automatic writing
- Speaking
- Seeing
- Hearing
- Inspirational
- Presentiment
- ...etc.

## Key for Development

"Calmness and concentration of thought, a strong desire and determination to succeed are key for the development of a medium."

- Item 204



## Stumbling Block

Obsession { - Simple  
- Fascination  
- Subjugation

"Our moral imperfections bring us under the power of obsessing spirits, and that the surest method of getting rid of these is to attract good spirits."

- Item 252

## HUMAN QUALITIES THAT ATTRACT GOOD SPIRITS

LOVE OF NEIGHBOR

KINDNESS

GOOD-WILL

DETACHMENT

DETERMINATION

- Item 226 (12)

## HUMAN CONDITIONS THAT REPEL GOOD SPIRITS

SELFISHNESS

PRIDE

JEALOUSY

HATRED

GREED

ENVY

VANITY

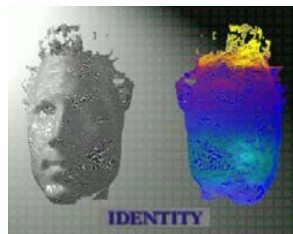
VICES

- Item 226 (11)

## Identity of Spirits

"The language of spirits is always in accordance with the degree of their elevation."

- Item 262

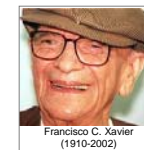


"Good Spirits only prescribe what is good and charitable. They are calm and gentle."

"Imperfect Spirits excite animosity and distrust."

- Item 266

## Good Medium



"Good mediums are those who understand that the true medium has a mission to fulfill, and that he must be ready, when necessary, to sacrifice his tastes, habits, pleasure, time, and even his worldly interests, to the good of others."

- Item 197

## Free Mediumship

"Serious mediumship is **NOT**, and can **NEVER** be, made into profession. Mediumship is sacred and should be practiced in a saintly and devout manner."

- The Gospel According to Spiritism, Allan Kardec, Ch.26, items 9-10

*"Every Effect Has a Cause. Every Intelligent Effect Has an Intelligent Cause."* - Allan Kardec